

# Summit Sports and Fitness Centre



**Rous Water**  
sustainable water  
PARTNER PROGRAM

## CASE STUDY



*"This initiative has given Summit the opportunity to not only improve its workplace practices, but also to continue to contribute to the sustainability of our local environment. This is something we truly value".*

**Annie** – Manager  
Summit Sports and Fitness Centre

Summit Sports and Fitness Centre has accessed Rous Water's business program to achieve significant water and financial savings.

### Business profile

Summit Sports and Fitness Centre is a proud, locally owned, family business focusing on Women's Fitness, Group Fitness and Learn-to-Swim; setting the benchmark in health and fitness, and learn-to-swim industries, on the North Coast. The gym floor is women's only because they understand that "many women appreciate training with discretion in an atmosphere that mixed gyms simply do not provide", making them unique. Located in Goonellabah, the Centre runs Les Mills Fitness, boot camps, aquatics, yoga, aerobics, and has squash & volleyball facilities.

### Description of the water saving project

The Summit Sports and Fitness Centre has achieved substantial water savings by installing four 22,750 litre rainwater tanks for a combined capacity of 91,000 litres in 2011. These rainwater tanks harvest water from their large 750 m<sup>2</sup> roof and is used for topping up and maintaining their pool facilities.



### Annual water savings achieved and associated cost savings

The installation of these large rainwater tanks has allowed the Centre to save over 1,000 kilolitres of water per year, bringing their annual consumption from 2,644 kilolitres to 1,637 kilolitres. This represents a 38% reduction in mains water consumption.

### Assistance from Rous Water

Rous Water provided \$3,500 in rebates to the Summit Sports and Fitness Centre to support the installation of their rainwater tanks.

